

Current Activities/Services/Staffing we offer at Camp Ruggles

Activities:

1. Arts and Crafts-i.e. Ty dye, gimp, beads, paper mache, various other project
2. Music instruction
3. Recreational Team building
4. Daily Reading activities
5. Free book Friday- we give each camper a free book each week
6. Sensory/movement Station- Yoga, calming activities, exercises, use of sensory tools
7. Instructional swim lessons- 3 leveled achievements and acknowledgements
8. Instructional boating lessons- access to kayaks, canoes, and paddle boards
9. Fishing
10. Games- various board games and card games
11. Bounce house Friday
12. Water Wednesday- various water games each Wednesday
13. Blueberry picking- visit to Harmony Farms to pick blueberries and make a healthy snack
14. Talent show- self-esteem building and celebration of individual talents
15. Nature Hikes
16. Camp Assemblies-i.e. Magic shows, zoomobile, nature shows, interactive Juggling show, Providence Recreation Fun Bus (obstacle course, face painting...)
17. Family orientation and visitation day prior to the start of camp
18. Campers of the week nominations, certificates, and picture
19. Land and Water Olympics

Staffing:

1. Behavior Specialist
2. School Psychologist (2)
3. Certified Nurse- Full time
4. Certified Special Education and General Education Teachers (10)
5. Certified Adapted Physical Education Teacher
6. Certified Occupational Therapist Assistance
7. Certified Speech and Language Therapist
8. Certified Music Teacher
9. Certified Crisis Prevention and Intervention Counselor
10. Certified Lifeguards (3)
11. Water Safety Instructor
12. Counselors – College level (12)
13. Food Service Supervisor
14. On Call Physician that reviews all medical procedures yearly

Services:

1. Camp-Wide Positive Behavior Intervention and Support System
 - a. Clearly defined Expectations (posted, modeled, acknowledged)
 - b. Acknowledgement system- identifying when campers follow the expectations and praising positive behaviors at the clinically supported ratio of 8-1
 - c. Clear consistent responses to unexpected behaviors
 - d. Data collection to analyze behaviors and intervene efficiently and effectively
 - e. Parent/Guardian communication
2. Breakfast, Lunch, and an afternoon snack is provided to every camper
3. Bus transportation- Camp provides Pick up and drop off to 5 centrally located areas
4. Check and Connect Mentoring program (every camper has 1 counselor that specifically makes a positive connection with them each day)
5. Individual social skills instruction
6. Group social skills instruction
7. Individualized behavior support plans
8. Extensive Staff Training prior to the start of camp
9. Daily/Weekly staff planning meetings during the camp season
10. Camper evaluations every 3 weeks
11. Parent communication regarding progress during week 3
12. Communication to referring agencies and school departments